

*What happens when the Mayor's Wellness Program teams up with community neighbors Bayer, the New York Red Bulls, Wegmans, the Whippany Railway Museum and the Whippanong Library to sponsor a dynamic family event with a healthy focus?*

# **ALL ABOARD! FOR WELLNESS, FITNESS AND FUN!**

**Sunday, October 1<sup>st</sup>, Rain or Shine, 12:30 p.m. – 3:30 p.m.  
Starting at Whippany Railway Museum, 1 Railroad Plaza, Whippany, NJ**



**Your “ticket to fun” begins at the Whippany Railway Museum’s “Pumpkin Festival”. From there, board a historic train for a 30-minute ride where you’ll sit back, relax, and learn about the rich history of the railroad. Your kids will enjoy the complimentary coloring books and crayons they get on the train.**

**Next stop? A four-minute walk from the train drop-off point to Central Park, where the activities kick into high gear! Catch a demo of the park’s exercise equipment or take our yoga class!**



**Don't miss our child-friendly activities like Wegmans' "Ready for Prime Time Produce" Players, who will enchant your little ones, as will Whippanong Library's interactive story-time. Bayer's "Making Science Make Sense Exhibit" will engage older kids, while the New York Red Bulls' Street Team, 3v3 and soccer tennis games will delight children (and adults!) of all ages.**



**All this, and so much more, awaits your family! For details and ticket purchase, [click here](#). All ticket sales will benefit the Whippany Railway Museum, a 501(c)3 non-profit organization. Tickets include round trip transportation to Central Park and back to the Museum, and free admission to Central Park events. Please note: The Museum's historic trains are exempt from ADA compliance. For information on ADA accessibility at Central Park, call (973) 428-2463.**

*These fruits and veggies have a train to catch! See you on October 1st!  
P.S. – Pack a picnic lunch to enjoy at Central Park!*

